

# Seward CSP Newsletter

## APRIL-MAY 2011

### That's a Wrap

Spring is fast approaching...and so is the end of our construction project at the CSP! We are happy to announce that the construction in the back area and upstairs is nearly complete. The construction crew is installing better phone/internet wiring and will be laying carpet over the next 7-10 days. We are hoping to have the construction project completed by April 1<sup>st</sup> (no foolin'). Once the construction is complete it will take us a few days to get everything that was in storage rearranged and put the various rooms back in order again. We anticipate that we will be able to have the back fully reopened on or before April 15<sup>th</sup>. We will be having a grand re-opening party on May 6<sup>th</sup> – see related article below.



Look! There's a ceiling!



### Grand Re-Opening Party

First we would like to thank all of you for so graciously putting up with our cramped quarters. Can you believe that we have had such a small space since December? Come celebrate our new remodeled warehouse space on Friday, May 6<sup>th</sup> and welcome the return of the group room, music room and yes the pool table will be moved back to its old home. We will also be bidding farewell to our interns. Heather, Jessica, & Paige will be finishing their stint with us mid-May. We will provide refreshments and other goodies so we hope you can join us in celebrating. Please note there will be no groups offered on this day.

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## Welcome Hennepin ACT team

### Get your calendars out!



### 2011 dates to remember

*This is a column that  
appears in each newsletter  
to keep you informed  
of important dates around  
the world and during the  
year*

May 6th  
Grand Re-opening  
Post Construction Party

May 10th  
1st Koinonia Meeting

May 30th  
**CLOSED**  
Memorial Day

July 4th  
**CLOSED**  
Independence Day

September 5th  
**CLOSED**  
Labor Day

November 25-26th  
**CLOSED**  
Thanksgiving

December 23-26th  
**CLOSED**  
Christmas Holiday

As we've announced previously, one of the reasons for all the construction this winter was to build additional office space for another MHR program – our Hennepin ACT team. The Hennepin ACT team is an intensive treatment team that works with individuals who have a serious and persistent mental illness and have had frequent hospitalizations or crisis stays in a short amount of time. This team is an interdisciplinary team with some general case managers, MI/CD specialists, vocational specialists, nurses, and a psychiatric nurse practitioner. Although these folks will have their offices here, they can only provide direct services to their clients who are on the ACT team. One of the benefits of having this team here is that it stabilizes the CSP drop-in as a place that offers a variety of services in the community. If you have any questions about this team or want to know more, you can talk with Emily or your primary counselor. Please help us welcome the new team.

### Camp Koinonia

This year we will be attending Camp Koinonia in Annandale, MN a month early. As in past years, we will be away for two nights and three days, which gives us just enough time to rest, relax, and reinvigorate ourselves for life back in the city. This year's camping dates are **July 12th-14th (Tuesday-Thursday)**. The member cost remains \$10, and is paid to the camp in the form of a donation to Koinonia.

If you're interested in attending camp with us **you are required to attend two preparation meetings before we leave. The dates of these meetings are Tuesday, May 10th and Tuesday, June 29th, both are at 4:00p.m.** At the meetings we will ask you to fill out some paperwork and give you all of the information that you need to know before we go. There will be ample time to ask questions if you're a first-time camper with us.

We strongly encourage members who have not come to camp before to consider joining us. Staff and members alike rave about the gorgeous setting, and the chance to get away from everything for a little while. The staff at Koinonia take great care of us, and always provide wonderful meals and more-than-adequate accommodations. There is so much to do at camp: swimming, hiking, canoeing, fishing, just to name a few favorites!

Please note: **If there are more people interested than we have spots for camp, new campers will have priority.**

Instead of calling the main number, if you know with whom you wish to speak, please contact them directly:



#### Drop - In Numbers:

Janna 612-337-4027  
Robin 612-337-4002  
Emily 612-337-4004  
Sheryl 612-337-4019  
Speciose 612-337-4010  
Cody 612-337-4005  
Pam 612-337-4008

#### Interns:

Heather 612-333-0331 x1049  
Paige 612-337-4022  
Jessica 612-333-0331 x4024



Upstairs Construction Pics



Bathroom Upstairs-obviously not complete



Team Room:  
Needs  
the carpet.



Mental Health Resources, Inc.  
Seward Community Support Program  
2105 Minnehaha Avenue  
Minneapolis, MN 55404-3107

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